



National Sports Institute NEWSLETTER

Volume 5 Issue 1

January—March 2025

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ON THE RIGHT TRACK! NSI TAKES PRIDE IN RECORD-BREAKING PERFORMANCES

The PNG National Sport Institute has taken pride in playing a part in the athletic careers of recent record breakers Pais Wisil and ToVetuna Timothy Tuna.

Wisil and Tuna were part of the NSI's Athlete Development Program (ADP) between the years of 2019 to 2024.

Wisil was part of the program from 2019-2023 followed by Tuna from 2022-2023.

Both athletes were mentored by the Late Samu Sasama.

Late Sasama, was an Athletics coach around the time former sprint legends Peter Pulu and Takale Tuna set their respective records.

Late Sasama was heading the ADP Program in which Wisil and Timothy were mentored before he passed on in 2023.

Just a few weeks ago, Wisil broke the national record at the

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OUR APO BOY —ToVetuna Timothy Tuna with NSI bosses Janet Gimots (right) and Kylie Martins before he departed Goroka to take up studies in the US in 2023.

Our Partners and Sponsors



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FROM THE EDITOR

Welcome to our first quarter (2025) newsletter.

We are excited to bring you programs and events happening here within the Institute and also our involvement in activities outside of the Institute.

We have resumed our Newsletter after a long break and we will continue to make this issue worthwhile for all our partners, sponsors and followers.

Inside this newsletter we cover our users, both corporate and individuals and partners, who have used our facilities for events, camps, training and competition.

We invite individuals, organizations, and corporate bodies to utilize our facilities for your events.

Similarly if you desire to publish sports related articles, research, or information you are welcome to do so.

We hope you enjoy this Newsletter and we look forward to bringing you more stories in our next issue.



RISING TALENT: At just 15 years old, Nathan Kawona (right) is already raising eye brows. The Grade 7 student at West Goroka Primary is part of the NSI Athlete Development Program (ADP) and is in training for the middle distance events. His 1.81m frame and fast improving physique has already raised interest from sporting pundits.



TEAM PHOTO: Late Samu Sasama (second left) along with the NSI Management and the Athlete Development Program talents that include Wisil and Tuna during the National Athletics Championships in Port Moresby 2022.

ACT Championships, Australia for the 100m in a time of 10.24s. Previous record of 10.40 was held by Peter Pulu set in Stuttgart, Germany in 1995.

Wisil also broke the 60m record in the short track event in a time of 6.64s at the Queensland Track & Field Championships at the QSAC, Brisbane. This record was previously held by Pulu who set it in Barcelona, Spain during the world indoor championships in 1995 in a time of 6.79s.

ToVetuna set the new PNG record of 20.75s at the A&M University, West Texas during the Jo Meaker Classic and Multi Invitational meet on April

13th.

Previous record of 20.97s was held by Theo Piniua set in Jacksonville, Florida in 2016.

Tuna broke the 200m national record from Piniua which was previously set by Timothy's father, Takale.

Director Janet Gimots is elated that the program that was established five years ago is finally bearing fruit with the recent record-breaking performances.

"We assisted in nurturing their careers and it is quite exciting to see the kids we mentored through the ADP embracing their potential."

Director Gimots appealed to corporates to be part of this

exciting program as sponsors as the benefits of it are already out there.

"We are fully funding the program and sometimes it takes a toll on our operations. It would be great to see a sponsor coming in to support the program so we can continue to churn out more talents for the country." Gimots said.

She said with more sponsors, they can open up the program for more raw talents to be identified.

"We are only in the first phase of the program where we are working in partnership with Athletics PNG to nurture raw talents. We'd like to extend this

program to identify talents for Weightlifting but due to funding, we are only doing athletics. But it would be nice to have a weightlifting academy here in the Highlands because people here already have the physique for the sport." Gimots added.

Interested organizations who like to partner the NSI in funding the ADP can contact us for more details.

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DIRECTOR'S DESK

Dear Readers,

Welcome to Volume 5—Issue 1 of our 2025 quarterly Newsletter!

I wish to welcome especially three new staff who have joined us at NSI this year.

Karme Ian Kagaiavi & Dia Muri have been appointed as Sports Excellence Development Officers. They bring with them vast knowledge & experience that will add value to the Sports Excellence & Development activities and programs. They join Senior SE&D Office Philip Kamane.

Peter Sevara relocated to NSI in January to occupy his substantive position. He is now attached to the Sports Information & IT Section. He will be responsible for all Media & Marketing aspects.

As usual this year looks to be a busy and exciting year with a lot of activities, programs and major events happening throughout the year.

This year is the year of the 8th PNG Games in Mendi, Southern Highlands and NSI will play a pivotal role in the preparation towards the Games.

In the region the other major event is the Pacific Mini Games in Palau. Although NSI is not directly involved with the Mini Games, we will play a supportive role to PNGOC and Team PNG through the use of the facilities for training purposes for sports that wish to conduct training camps here. There are also 4 staff engaged in different capacities with the Team PNG and officiating roles at the games.

The Bachelor of Education in Physical Education is now into its second year. On March 24th this year we hosted our first lectures for the new intakes as well as the second years. It has been a while but witnessing our first lectures earlier this month breathed new life into our institution. The number of new intakes has increased considerably this year.

On another note, we are delighted to have signed on some talented athletes under our Athlete Development Program (ADP). They will be groomed at NSI and hopefully they will become our next stars in Athletics. With the emphasis on both education and training all athletes are attending school in various educational institutions in Goroka.

Since 2019, we have housed some of PNG's promising athletes including the fast-improving Pais Wisil who recently broke Peter Pulu's 30 years 100m record and ToVetuna Timothy Tuna, son of former sprint legend, Takale Tuna who also broke the 200m record. We are very proud to have had a hand in providing the support and foundation needed to see Wisil and Tuna grow from our humble ADP into rising stars! Both Wisil and Tuna are

now based in Australia and USA respectively.

We acknowledge and thank our partner, Athletics PNG Inc. (APNG) for their support in ensuring these raw talents are given the opportunity to showcase their prowess on the global stage.

I wish to congratulate APNG for conducting a Level 1 Coaching Course for Athletics PNG Coaches here at NSI. Our Senior Sports Excellence and Development Officer Mr. Philip Kamane was in the forefront of working collaboratively with Athletics PNG to organise the course. The Lead facilitator was Team PNG Athletics Head Coach, Brett Green. APNG is commended for ensuring coaches acquire high level sport specific qualifications.

NSI also played host to the virtual PNGOC's HERO Workshop which was a huge plus for our athletes who live and train at the NSI. One of the participants was Rexford Viyufa, a para-athlete who is a bodybuilder who won Gold during the recent Pacific Games in Solomon Islands in 2023.

Our facilities have been busy during the first quarter of the year with many non-sporting events already hosted. Other events are picking up and will get busier as the first round of Digicel Exxon Mobil Cup games start this month. .

The Bintangor Goroka Lahanis begin their 2025 campaign in April and NSI will play host to several of their home games until September.

Well, that's about it for the first quarter apart from the various non-sporting events we host at our venue.

Until our next quarter newsletter!

Here's to a wonderful and successful year 2025!

God Bless!



MS. JANET GIMOTS

Director

PNG National Sports Institute

TALENTS SIGN CONTRACTS WITH NSI

A host of PNG’s rising talents have signed contracts to train with the Papua New Guinea National Sporting Institute under their Athlete Development Program.

Since 2019, the NSI has been on a drive to identify and train rising talent in PNG.

Some of the talents they have raised have gone on to represent the country with pride and also receive scholarship to study overseas.

Addressing their parents, NSI Director Janet Gimots said the program has had its challenges and successes.

“Athletes who have been selected are privileged to be part of the program. Whilst we celebrate the success, we also acknowledge the challenges faced when implementing the program.”

Director Gimots said the program places equal emphasis on Education and Training so the athletes have something to fall back on when they retire.

When making a reference to previous recipients who have now gone on to study and train in colleges in the US, Ms. Gimots said.

“Also in the US, you can’t represent your college if you don’t have the required GPA. So we are giving you the opportunity to build your foundation in Education to prepare you for opportunities overseas.”

“One of the challenges is funding and I have appealed to the parents to support with fundraising activities where possible.”

Michelle Baru, whose daughter Tamara is one of the lucky ones to be selected for the ADP Scholarship said she wasn’t aware that such a program existed until her daughter became involved.

“It’s a new thing for me and I am not a sports person at all but I am very supportive of Tamara’s interest and will support any way I can,” Baru said.

Head Coach Mike Smith stressed on the core values of the program that the athletes needed to abide to as part of their integral development that can be useful in the community after passing out of the program which are; Honesty, Respect, Communication, Humility, and Discipline.

“They have to be in control of everything they do. It covers all aspects in their daily life such as; Time management, Training, Sleep, Use of phones, Studies, Meals, Self-control Focus on your short- and long-term goals, Prioritize Tasks, Education & Training.

“Upholding these values with training and education, the athletes will become a good ambassador for the program to the community and the country within.

“Our theme is “TRUST THE PROCESS”.

“Do the simple things right, the bigger things will fall in place.”

ADP 2025 athletes: Tamara Baru (Long Jump) Merna Martins (sprints), Micah Gaisane (sprints), Damien Kote (Javelin), Marykate Pais (Middle Distance), Bradford Holie (Sprints), Danny Warkit (sprints), Nathan Kawona (Middle Distance), Joy Tieba (Sprints), and Japhet Wilson (Sprints).



ADP Recipients and NSI Management during the contract signing



SIGNED! Tamara Baru (left) goes through her ADP contract as her mother, Michelle Baru looks on.

RUNNER. Joy Tieba crosses the line representing Goroka District during the Inaugural Highlands Regional Youth Games held last year.

2025 ATHLETE DEVELOPMENT PROGRAM SCHOLARSHIP RECIPIENTS



NAME: BRADFORD HOLIE GENDER: MALE AGE: 22 JOINED ADP: 2023
PROVINCE: AROB TRAINING EXPERIENCE: 3 YEARS

Year	Championship/Event	Events	Division	Personal Best Time
2023	NSI time trials Goroka	200	18-36	22.84 secs hand time
2023	NSI time trials Goroka	400	18-36	51.50 secs hand time
2024	Southern -POM	400	18-36	51.50 secs hand time
2024	National -POM	200	18-36	22.97 Electronic time
2024	National-POM	400	18-36	52.60 Hand time



NAME: MICAH GAISANE GENDER: MALE AGE: 23
PROVINCE: NEW IRELAND TRAINING EXPERIENCE: 3 YEARS

Year	Championship/Event	Events	Division	Personal Best Time
2024	Highlands Momase	100	18-36	10.7 secs hand time
2024	Highlands Momase	200	18-36	23.3 secs hand time
2024	National-POM	100	18-36	11.0 electronic time
2024	National -POM	200	18-36	23.02 electronic time



NAME: DAMIEN KOTE GENDER: MALE AGE: 25 JOINED ADP: 2022
PROVINCE: NEW IRELAND TRAINING EXPERIENCE: 2 YEARS

Year	Championship/Event	Events	Division	Personal Best Distance
2024	Oceania Fiji	Javelin	18-36	50.18 meters
2024	Highlands	Discus	18-36	45.64 meters
2024	Southern Regional	Javelin	18-36	58.38 meters
2024	National	Javelin	18-36	56.08 meters



NAME: JOY TIEBA GENDER: FEMALE AGE: 20 JOINED ADP: 2020
PROVINCE: ENB/ORO/ESP TRAINING EXPERIENCE: 6 YEARS

Year	Championship/Event	Events	Division/Under	Personal Best Time
2024	Oceania Fiji	200	18-36	26.45
2024	Oceania Fiji	100/200/Relay	18-36	
2024	Highlands Momase	100	18-36	12.4
2024	National 2024	200	18-36	25.71



NAME: DANNY WARKIT GENDER: MALE AGE: 21 JOINED ADP: 2023
PROVINCE: ENB TRAINING EXPERIENCE: 6 YEARS

Year	Championship/Event	Events	Division-Under	Personal Best time
2024	Highlands Momase	100	16-18	11.83 seconds
2024	Highlands Momase	200	16-18	25.3 seconds
2024	National -SJGS	100	16-18	11.63 seconds
2024	National -SJGS	100	18-36	11.60 seconds
2024	National -SJGS	200	18-36	23.73 seconds

2025 ATHLETE DEVELOPMENT PROGRAM SCHOLARSHIP RECIPIENTS



NAME: NATHAN KAWONA **GENDER:** MALE **AGE:** 15
PROVINCE: AROB **TRAINING EXPERIENCE:** 3 YEARS
JOINED ADP: 2022

Year	Championship/Event	Events	Division-Under	Personal Best time
2024	Highlands Momase	400	12-14	58.3 seconds
2024	National –SJGS	400	12-16	57.80
2024	National –SJGS	800	12-16	2.26.7 seconds



NAME: MERNA MARTINS **GENDER:** FEMALE **AGE:** 17
PROVINCE: MOROBE **JOINED ADP:** 2024
TRAINING EXPERIENCE: 2 YEARS

Year	Championship/Event	Events	Division - Under	Personal Best time
2024	NSI trials Goroka	100	16-18	13.85 seconds
2024	NSI trials Goroka	200	16-18	27.75seconds
2024	National –SJGS	100	16-18	13.98 seconds
2024	National –SJGS	200	16-18	27.32 seconds
2024	National –SJGS	400	16-18	??



NAME: TAMARA BARU **GENDER:** FEMALE **AGE:** 17
COUNTRY: PNG/SCOTLAND **JOINED ADP:** 2025
TRAINING EXPERIENCE: 2 YEARS

Year	Championship	Events	Division Under	Personal Best Time
2024	Highlands Momase Champ	L/Jump	u/18	4.51m
2024	National Athletics Champ - Pom	L/Jump	u/18	4.42m
2024	National Athletics Champ - Pom	100m	u/18	15.12



NAME: MARYKATE PAIS **GENDER:** FEMALE **AGE:** 22
PROVINCE: AROB **JOINED ADP:** 2024
TRAINING EXPERIENCE: 1 YEAR

Year	Championship/Event	Events	Division-Under	Personal Best time
2024	Highlands Momase	1500	18-36	6.22.05 seconds
2024	National -POM	400	18-36	1.03.10 seconds
2024	National -POM	800	18-36	2.25.41 seconds
2024	National -POM	1500	18-36	5.17.78 seconds



NAME: JAPHET WILSON **GENDER:** MALE **AGE:** 17
PROVINCE: EHP **JOINED ADP:** 2025
TRAINING EXPERIENCE: 1 YEAR

Year	Championship/Event	Events	Division/Under	Personal Best time
2024	Highlands Momase	100	u/18	12.6
2024	National -POM	200m	u/16	25.32

ACADEMIC LAUDS RE-INSTALLMENT OF PE



REGISTRATION TIME: Human Movement Studies staff Mike Smith (left) Naku Kewa (center) and Head of Division Kylie Martins registering students at the University of Goroka—Main Campus.

As sporting academic has lauded the re-installation of Physical Education (PE) as a major subject into the school curriculum.

Head of Department of the Human Movement Studies at the Papua New Guinea National Sport Institute Kylie Martins stated that education reforms have affected the delivery of the subject but is excited to have it back on board after more than a decade.

“Physical Education plays a critical role in children's development. PE is the foundation where children learn basic skills of most sport and apply it in the later years.

“I am thrilled that this subject is back as part of the National Curriculum, even more elated that the University of Goroka is serious about producing PE Teachers.

“For so long school children did not learn fundamental human movement and so their mechanics were applied incorrectly into Sport. The concepts of fundamental movement and fitness was missing and so sport in turn suffered. That is, it took longer to produce an elite athlete for sport.”

“We are optimistic that our sister countries Solomon Islands and Vanuatu will take an interest. In the 1980s up to the 2000s, UOG/NSI was one of the institutions outside of Fiji, Australia and New Zealand to provide the PE Teacher Education program that attracted a lot of students from the Pacific Islands.”

Ms. Martins said when the National Department of Education (NDOE) implemented the Outcome Based Education (OBE) from 2008 onwards, PE was placed under the Personal Development subject. The implication there would see UOG shelve the PE Bachelor program.

The last cohort graduated in 2010.

“When NDOE then changed to Standard Based Curriculum (SBC) back in 2018 PE was then made a subject of its own as schools and stakeholders realized the gap in learning in this area. In 2023, UOG approved and then endorsed

continued

the HMS section's submission for a Bachelor in Teaching Physical Education.”

In 2024 the section enrolled 14 students as first year students in this new Bachelor program specialising in Physical Education and Mathematics.

This year, the numbers have doubled with interest from both school leavers and non-school leavers.

“This time, the HMS section will offer its first bachelor program, and a second one now in the Bachelor of Teaching Science in Physical Education. So far, almost 30 students have registered in this BTSc program.

Ms. Martins stated that from 2011 to 2023, there were no enrolments which meant the university did not produce and graduate any Physical Education Pre-Service teachers for schools in Papua New Guinea.

“2024 was the first intake after a 12-year gap with 14 students enrolled. In 2025, we have enrolled 26 students including 10 students moving into Year 2.

At the institute, the section responsible for Physical Education is the Human Movement Studies. This section at the university has been designated as Division of Sport & Exercise Sciences under the School of Science & Technology.

The HMS section and the Sports Excellence & Development section will now have 36 students this year to teach.

“We acknowledge the support of the PNG Sports Foundation for clearly articulating this subject in its National Sports Policy 2020-2050 and we value the vision of our Director Janet Gimots who continues to empower and champion this cause.”

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REGISTRATION TIME: Human Movement Studies staff Mike Smith (left) and Naku Kewa attending to UOG/PE students during registration earlier this year at the UOG Main Campus.

NSI FUTSAL CLUB

The NSI registered a futsal club to participate in the 2025 Idris Kumbruwah HOPE Cup Goroka Futsal Association competition.

The club registered teams in U10 Mix, Under 13 Boys and Girls, U15 Boys and Girls, U17 Boys and Girls, Senior Men's and Women's and Masters Mix.

So far the Men's team are performing really well with the assistance of Head Coach Ishmael Pole while lower divisions have had mixed results.

NSI FC Team Manager Peter Sevara Jr said their main goal is have all its teams make the finals to eventually win the Idris Kumbruwah HOPE Cup.

“So far our teams have had a mixed bag of results and as we are getting into the finals, I am confident of getting at least four teams into the finals.

Our U10 Mix, U13 girls, U13 boys, Senior Men's and Masters are looking good at the moment. These five teams have had a good run and I will continue to remind them to do their best and strive to make into the top 2.” Sevara said.

On the outset, the bonding the club has made over the few weeks has been fantastic.

“Goroka Lodge owner Warrick Wild has also partnered with Team NSI and has brought his whole family to join NSI and this is a good thing because, sports should be a family event to bring everyone together.



STAFF MOVEMENT

We welcomed a few new staff to the institute in the first quarter.

Peter Sevara joined the institute in January followed by Karme Ian Kagaiavi and later Dia Muri in March.

Peter will be focused on the Media and Marketing aspects of the organization under the IT & Sports Information Section while Karme and Dia will be working under the Sports Excellence & Development Section under Phillip Kamane.

Peter was previously working at HQ under the Events, Marketing and Sponsorship Division and will be using his Sports Reporting and Marketing background to improve visibility of the NSI. Dia and Karme will be assisting Mr. Kamane with the Sports Excellence & Development Programs and activities.



Sports Excellence Officers Karme Ian Kagaiavi (left) and Dia Muri assisting as Sports Trainers during the PNG NRL Bid

NSI LOSES STAFF – LATE JAMES ANA – ARTISAN CARPENTRY

While we welcome new officers to NSI, we also lost a hardworking yet humble staff member Late James Ana. Late James was known to us as papa James. He served the Institute for over 20 years initially as a casual staff in 1999 and was later made permanent in 2014. Late James was a carpenter.

In a small but significant funeral service held at NSI, we celebrated his life and time at the institute before handing over his casket to his family at Keiia village.

We pay tribute to his commitment and appreciate his contribution to the Institute.

May his soul rest in eternal peace.



NSI FACILITY UPGRADE

Since its establishment in 1979, the National Sports Institute (NSI) has stood as a beacon for sports development in Papua New Guinea. Over the years, the Institute has nurtured countless athletes, sports administrators, and sporting events providing them with the necessary training and facilities to excel in their respective disciplines. Among these facilities, the grandstand has served as a symbolic centerpiece, witnessing the triumphs and challenges of PNG's sporting journey. However, after decades of use, the grandstand



was in dire need of renovation to meet modern standards and accommodate the growing needs of athletes and spectators alike. In a visionary move, the Eastern Highlands Province Governor, Hon. Simon Sia, initiated the grandstand renovation project to revitalize this vital part of the Institute. The project, which began under his leadership, is slated for completion by April 2024, marking a significant milestone in the Institute's history. The renovation of the grandstand is part of a larger effort by the Papua New Guinea Sports Foundation (PNGSF) to modernize the Institute's infrastructure. This comprehensive renovation project encompasses all aspects of the grandstand, including the seating area, facilities, and amenities. The goal is to create a state-of-the-art facility that not only meets international standards but also provides a comfortable and enjoyable experience for spectators. This is also timely as the Institute is embarking on establishing a Sports TAFE College, which requires quality facilities for its programs. One of the key focuses of the renovation is the improvement of the seating area. The old grandstand, with its aging structure and outdated facilities, no longer provided the level of comfort and safety expected in a modern sporting venue. The new design incorporates ergonomic seating arrangements, improved sightlines, and enhanced accessibility, ensuring that spectators can enjoy the action in comfort and style. This renovation project balances upgrades to other facilities within the Institute. This includes the refurbishment of dormitories, kitchenette, mess hall, gymnasium, and outdoor courts, ensuring that athletes have access to top-notch facilities to support their training and development. The Institute under PNGSF is very grateful for the support of Governor Hon. Simon Sia, the Eastern Highlands Provincial Government and the people of Eastern Highlands. Their commitment to support sport development and their vision to improve the Institute's facilities to cater for the increasing demand to host sporting and non-sporting events in the province is realized in this project. The Institute pledge to take care of the renovated facility, ensuring that it remains a symbol of excellence and a hub for sporting activities in Papua New Guinea. In conclusion, the renovation of the grandstand at the National Sports Institute is a testament to the ongoing commitment to sports development in Papua New Guinea. It represents a significant step forward in modernizing the institute's infrastructure and providing athletes and spectators with world-class facilities. With the completion of this project, the NSI is poised to continue its legacy of excellence and nurture the next generation of sporting talent in the country.



ATHLETICS PNG HOSTS LEVEL 1 COURSE

Athletics PNG Inc hosted a week long World Athletics Coaches Education Certification System (CECS) Level 1 at the NSI.

28 participants from around the country are at the National Sports Institute to attend the week-long course.

The last time a program like this was held was in 2001, more than 20 years ago.

The one-week course started last Friday and will end this Thursday.

Among the participants are athletes who recently competed like Benjamin Aliel, Rellie Kaputin, and Karo Iga including former champions in Wala Gime, Sapolai Yao, Angela Way, Debbie Kaore, and Subul Babo.

Course Co-Facilitator Phillip Kamane said while PNG has enjoyed the competitive nature of the Pacific Games the recent involvement of Australia and New Zealand has posed the challenge for PNG to raise their game.

“It has been a long while coming but finally we are getting it done and will ensure that these courses are continually hosted in the next 4-5 years so there is no more gap in between.” Kamane said.



PARA-ATHLETE JOINS HERO'S PROGRAM

A para-athlete successfully attended and completed a three-day course held at the institute late March. Rexford Viyufa, a Gold medalist at the recent Pacific Games in Solomon Islands was one of 15 athletes selected for the Goroka Hub to attend the program. The Team PNG HERO's program is the signature Papua New Guinea Olympic Committee (PNGOC) Athlete Ambassador program that reflects PNGOC's core values of Honesty, Excellence, Respect and Openness.

Viyufa is a Bodybuilder who has impairments to his hearing and speaking and communicates through his Team Manager Alphonse Benny.

Benny said that at first things were a bit confusing for Rexford but as time progressed he began understand the concept.

"As soon as he understood the content of the program, he began to participate. He expressed his excitement to be part of the program," Benny said.

PNG NSI Director Janet Gimots who officially closed the program on the 30th of March was pleased with how the program turned out.

She said the Goroka hub possibly had the biggest attendees.

"This is a very good program to involve all athletes. Most of the times, when athletes retire they have nothing to fall back on. With this program, they have something to do when they retire." Gimots said.

She challenged the participants to be do their best under the program because there are kids who look up to them.

Rexford is the younger brother of former Pacific and PNG champion Jack Viyufa.



HERO! Para-Athlete Rexford Viyufa (right) posing with PNG NSI Director after completing the PNG Olympic Committee's HERO's workshop that was hosted at the NSI.



Rexford (center) and fellow para-athlete Steven Abraham (right) and Raylyne Kanam presenting their group findings.

FACILITY USERS FROM JANUARY —MARCH 2025

These are the users of our facilities for the first quarter of the year 2025.

1. EHP Governos Office
2. UOG Graduation
3. Bintangor Goroka Lahanis
4. Athletics PNG Inc.
5. UOG Police Escort
6. Night Owl Security Services
7. EH Volleyball Association
8. Goroka Futsal Association
9. Tang Soo Doo
10. PNG NRL Bid
11. Highlands Farmers & Settlers
12. PNGRFL
13. EH Provincial Council of Women
14. EHP Provincial Health Authority
15. Goroka Technical College
16. Highlands Regional School of Nursing
17. EH School Boys Rugby League

USER STATISTICS OF OUR FACILITIES

Facility	Qtr 1	Qtr 2	Qtr 3	Qtr 4	Total
Indoor Hall	16678				
Classroom	215				
Dormitories	3713				
Lecture Hall	114				
Mess Facilities	2378				
Conference Room	570				
Gym	1655				
Fields	19780				
Hauswin	12				
TOTALS	45,115				

NATIONAL SPORTS INSTITUTE IN PICTURES



FACILITIES RATES AND CHARGES

ACCOMMODATION



Accommodation – Non Sporting Groups (Regular Rates)	
Single Room	K110.00
Triple Room	K220.00



Accommodation – Sporting Groups/clubs/Teams		Training Field
1 – 5 Pax	K55.00 per person – per week	K200 per week
6 – 20 Pax	K44.00 per person – per week	K200 per week
21 – 100 Pax	K33.00 per person – per week	K200 per week
Any Sporting Groups for less than 5 days will be charged on a daily accommodation rate of K50.00 per night and Field usage rate of K50.00 per day		

MEALS



Meals	
Breakfast	K25.00 / person
Lunch	K35.00 / person
Dinner	K45.00 / person
Am/pm Tea	K30.00 / Person (K15 each)
Special meals can be arranged for opening or closing of meetings, conferences, workshops, seminars, etc., on request	



FACILITIES

Facility	Rate
Lecture Theatre	K550 Per full day
Conference Room	K220.00 Per full day
Classroom	K220.00 per full day
Dining Hall	K550.00 per full day
Common Room	K330.00 per full day
Hauswin & BBQ Area	K110.00 – K220.00 per 50 pax
Multi-Purpose Indoor Hall	K2,500.00 per day
Multimedia Projector	K100.00 per day
Sound System	K500.00/K1000.00 per day
Color Printing	A4 – K3.00 per sheet / A3 – K6.00 per sheet
Photocopy – A4	A4 – K0.30 per sheet / A3 – K1.00 per sheet
Full Color Poster	A4—K5.00 per poster, A3—K7.00 per poster
Laminating service	A4 size -K1.50 / sheet, A3 Size - K3.00 per sheet
Video Tapes to DVD Decoding	K5.00 – K10.00 per video tape



GYMNASIUM

Type	1 Month	3 Months	6 Months	12 Months	Casual Users
Individual	K60.00	K144.00	K216.00	K288.00	K15.00/Day
Family	K96.00	K288.00	K576.00	K1152.00	K15.00/Day
Students	K24.00	K72.00	K144.00	K288.00	K15.00/Day
Corporate	K600.00	K1440.00	K2160.00	K2880.00	K15.00/Day
Sporting Clubs			K3/day per athlete/player		
Provincial Sporting Teams			K5/day per athlete/player		
Semi-Professional Teams			K15/day per athlete/player		



For hire of NSI Grounds for competitions or other events, please contact us.